

<b>PMP Number</b>	<b>PMP Location</b>	<b>Assessment dates</b>	<b>PMP Group days / dates</b>	<b>PMP times</b>	<b>Follow up group dates &amp; times</b>
1 – North/Mid Sussex	Crawley	15/12/23, 05/01/24 & 12/01/24	Weds & Friday 24/01/24 – 08/03/24 (1 week break for half term w/c 12/2)	10-1pm	Friday 7 <sup>th</sup> June 2024 10-1pm
2 – South	Brighton Mouselcombe Leisure Centre	19/03/24, 26/03/24, 16/04/24 & 23/04/24	Tuesday & Thursday 07/05/24 – 25/06/24 (1 week break for half term w/c 27/5/24) No clinic 11 <sup>th</sup> June – extra date 25 <sup>th</sup> June	10-1pm	19 <sup>th</sup> September 2024 10-1pm
3 – North/Mid Sussex	Park Barn, Horsham	3/07/24, 10/07/24 & 17/07/24	Weds & Fri 13/09/24 – 25/10/24 (no session Wednesday 16 <sup>th</sup> Oct)	10-1pm	15 <sup>th</sup> Jan 2025 10-1pm
4 - South	Brighton	1/10/24, 8/10/25, 15/10/25	Tuesday & Thursday 05/11/24 – 17/12/24  (11 sessions only; no session 7 <sup>th</sup> November & 10 <sup>th</sup> December)	10-1pm	6 <sup>th</sup> March 2025