

Thumb Spica/Splint Fitting Guide

The pictures below show how the thumb splint should fit. If you are not sure, please ask your clinician to help you.



The splint should feel comfortable. If you develop any changes to the colour, sensation or temperature of your fingers and thumb while wearing the splint, it is too tight and needs to be loosened. If you cannot loosen the splint further, you need a bigger size.

Your clinician will give you specific advice about how you should wear the splint. If you are unsure please ask them for more guidance.