








Surgery During COVID-19

What is COVID-19

To find out more about the virus please visit the government website:
<https://www.gov.uk/coronavirus>

What are the Symptoms of COVID-19?

Today or in the last 14 days	About the patient
	 Have you had a fever (>37.8degrees C)?
	 Have you had any of the following symptoms: cough, sore throat, loss of smell or taste, aches and pains, flu-like symptoms, diarrhoea?
	 Have you tested positive for COVID-19?
	 Have you been contacted by the NHS test and trace service and asked to self-isolate?
	About the patient's household and contacts
	 Has anyone in your household or your close contacts had (or does anyone currently have): fever, cough, sore throat, loss of smell or taste, aches and pains, flu-like symptoms, diarrhoea?
 Has anyone in your household or your close contacts tested positive for COVID-19?	
 Has anyone in your household or your close contacts been contacted by the NHS test and trace service and asked to self-isolate?	

How to Prepare for Surgery:

This leaflet is in addition to the Day Surgery information leaflets and procedure advice leaflets you have already received.

1. **You and your entire household will need to self-isolate for 2 weeks before your surgery date.**
2. **72 hrs before your surgery day you will need a COVID-19 swab test. Once you have had the test, self-solate until your surgery date.**

Please book via <https://www.nhs.uk/ask-for-a-coronavirus-test>

You will need the swab test not the antibody test.

Sussex MSK Partnership is brought together by

Self-Isolation means

- do not go to work, school or public places – work from home if you can.
- do not go on public transport or use taxis.
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home.
- do not have visitors in your home, including friends and family – except for people providing essential care.
- do not go out to exercise unless you are on your own – exercise at home or in your garden, if you have one.

3. **The day before your surgery day, you will be contacted by our department via telephone** where you will be asked a series of health screening questions as well as the result of your COVID-19 swab test.

We appreciate that these measures which have been adopted nationally are challenging but they are in place to reduce the risk of virus transmission and to maintain the safety of our staff and other patients. Please ensure that you follow this advice to avoid contact with anyone who may have coronavirus for two weeks prior to attending surgery.

On the Day of Surgery

- Please bring evidence of your negative COVID-19 swab test result with you.
- Wearing a face mask is compulsory and will be provided for you.
- Follow the current guidelines about social distancing whenever possible.
- Continue applying personal hygiene actions i.e. wash your hands.

Risks of COVID-19 and Surgery

As you will be leaving your home and attending a building used by the public, your risk of being in contact with the COVID-19 virus or someone who has the virus is increased.

All precautions as per government guidelines have been implemented to minimise the risk to you and our staff.

How are we Keeping you Safe?

- All patient/public areas are subjected to additional disinfection
- All staff have received specific COVID-19 training
- Staff will be wearing full PPE when in contact with patients
- Patients should use the alcohol gel available on arrival
- Patient should wear a face mask to the unit
- One patient in the unit at a time and adherence to social distancing guidance

Sussex MSK Partnership is brought together by

Your Surgical Journey

