

## **How Sussex MSK Partnership can support GP education and revalidation**

With more than 1 in 4 presentations to a GP containing a musculoskeletal component, SMSKP hopes to support GPs and nurses in primary care to provide care for all MSK patients.

## **How SMSKP can help you in your surgery**

Visit the GP Referral Guidelines page on our website

<http://sussexmskpartnershipcentral.co.uk/for-health-professionals/> for quick access to evidence based guidelines on managing MSK conditions. We are updating these currently – so when you check back you will find quick links to high quality patient information leaflets within our flowcharts for easy access.

## **How SMSKP can help you support your MSK patients**

Signpost your patients to the “For Patients” section of our website for condition specific information leaflets links to useful community resources and information on self-management support.

## **How SMSKP can help when you are considering making a referral**

**GP Referral Guidelines-** using these will help you to know when and to whom a referral might be useful and whether any investigations might guide a patient’s management.

**Advice and Guidance Service** – if you have a query about an MSK problem – please send an email to our Advice and Guidance service (<http://sussexmskpartnershipcentral.co.uk/advice-and-guidance/>).

You will receive a response from a clinician within 5 working days, and if your request is urgent we will respond within 1 working day

**Clinical Triage** - Referrals into the service are reviewed by a clinician in order to direct the patient to the most appropriate destination first time. If you do get a call to discuss a referral further or a request for further information we have a triage hotline set up to ensure that you can get in touch with one of our clinicians as quickly as possible. Just call **01273 560271**.

## **How SMSKP can help you prepare for appraisal and revalidation**

### **Continuing Professional Development**

- In today’s workshop you can earn CPD points. If you record your key learning with brief reflective notes, attach them to your portfolio you will earn up to 2.5 points from the session today.

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- Reflect and revise; Visit our website's Learning Zone to review the presentations from today and view presentations from other events. We hope that you will be able to apply this learning in your day to day practice.

### Personal Development Plans

- Teaching sessions - If you have identified any MSK learning needs for the coming year – we can arrange a small group MSK teaching session (Maximum 8) for you and your colleague. One of our team of MSK specialists will organise to visit your surgery for small group teaching at a convenient time for you. Please contact one of the Primary Care team to arrange this (zoeschaedel@nhs.net). It would be possible to record and reflect on this education for additional CPD points.
- Sitting in – many local GPs have already taken the opportunity to sit in on our community clinics. It is a great way to revise some practical examination skills and enhance your MSK knowledge. Please contact us if you would like to arrange this for you (and if you make brief reflective notes this can earn further CPD points)

### PUNS & DENS

If you have a clinical question related to a patient with an MSK problem, why not use our email advice and guidance service for access to specialist clinical advice? You can then attach the correspondence in the PUNS and DENS section of your appraisal portfolio.

### QUALITY IMPROVEMENT ACTIVITY

You may be interested in carrying out an MSK Quality Improvement Activity within your surgery? Perhaps a review of your own referrals (measured against our evidence based best practice guidelines) or an audit of management of common MSK conditions in your practice?

If you would like any ideas, or support in ensuring that your project meets the requirements for revalidation, do contact our primary care team (zoeschaedel@nhs.net), we would be happy to work with you on project design or share useful audit templates.

### We would like to hear from you

We are currently working on the design of more education sessions for 2016/17 and want to make them as useful and relevant as possible. Please get in touch with our GP leads to let us know what worked well or not so well about today, and what you would like to see in the future. [zoeschaedel@nhs.net](mailto:zoeschaedel@nhs.net)

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